

NO.	SUMMIT / LOCATION	GRID REF.	HEIGHT (m)	CUMULATIVE DISTANCE (km)	CUMULATIVE TIME	SPLIT DISTANCE (km)	SPLIT TIME	COMMENTS
-	A82 (AUCH ESTATE)	317354	245	0.0	00:00	0.0		Parking on A82 just south of entrance to Auch Estate
1	Beinn Bhreac-Liath	303339	802	2.8	00:45	2.8	00:45	Firebreak through plantation (hidden from the road)
2	Beinn Udlaidh	280333	840	5.7	01:16	2.9	00:31	
3	Beinn na Sroine	234289	636	12.4	02:06	6.7	00:50	Firebreak through plantation along top of connecting ridge
-	A85 (GLEN LOCHY)	239278	192	14.0	02:24	1.6	00:18	
4	Beinn a Chleibh	250256	916	17.3	03:22	3.3	00:58	
5	Ben Lui	266263	1130	19.1	03:50	1.8	00:27	NW top is the highest point
6	Ben Oss	287253	1029	23.5	04:37	4.4	00:46	
7	Beinn Dubhcraig	307254	978	26.3	05:07	2.8	00:30	
-	A82 (GLEN FALLOCH)	332206	71	33.0	06:01	6.7	00:53	Under railway line at bridge over Allt Fionn Ghlinne on west bank at 332209
8	Beinn Chabhair	367179	933	39.7	07:43	6.6	01:42	Crossed River Falloch at 333206
9	An Caisteal	378193	995	42.1	08:33	2.4	00:49	
10	Beinn a Chroin	388186	942	44.0	08:58	1.9	00:25	
11	Beinn Tulaichean	416196	946	48.7	10:05	4.7	01:07	
12	Cruach Ardrain	409212	1046	50.6	10:30	2.0	00:24	
13	Stob Binnein	434227	1165	55.2	12:14	4.6	01:44	
14	Ben More	432244	1174	57.4	12:55	2.2	00:41	
-	A85 (BEN MORE FARM)	414258	158	60.5	13:43	3.1	00:47	
15	Beinn Chalum	386322	1025	72.7	≈ 16:30	12.3	≈ 02:47	Leave A82 at Inverhaggernie Farm. No record of summit time.
16	Creag Mhor	391361	1047	77.8	no time	5.1	no time	No record of summit time.
17	Beinn Mhanach	373412	953	84.2	20:08	6.4	no time	No record of split time.
18	Beinn an Dotaidh	331408	1004	88.8	21:35	4.6	01:27	Also included Beinn a Chuirn (the west top of Beinn Mhanach)
19	Beinn Dorain	325378	1076	92.6	22:35	3.8	00:59	
-	A82 (AUCH ESTATE)	317354	245	96.7	23:41	4.1	01:05	Under railway line using sheep creep at 331362